

# SPECIALIST CLINIC: EXPECTANT MOTHER'S CLINIC

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## INTRODUCTION TO THE CLINIC:

Welcome to the Expectant Mother's Clinic (EMC)! This is an Osteopathic Clinic based at the BSO clinic in Southwark Bridge Road providing treatment for pregnant patients. This is a student-led Clinic conducted under the supervision of experienced Osteopathic tutors with a special interest in the area.

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## CONTACTS:

**Specialist Tutor (Tues Evening):** Mrs Helen Robinson [h.robinson@uco.ac.uk](mailto:h.robinson@uco.ac.uk)

**Specialist Tutors (Thurs AM):** Mrs Penny Conway [p.conway@uco.ac.uk](mailto:p.conway@uco.ac.uk)

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## CLINIC LOCATION:

University College of Osteopathy Clinic using Rooms 1 and 3.

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## CLINIC TIMES:

**Tuesday Eve:** 17:45 - 19:45 (30 minute appointment times)      **Tutorial:** 19:45

**Thursday Mornings:** 9.00 - 13.00 (40 minute appointment times)      **Tutorial:** 9.00 (1<sup>st</sup> week only)

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## MEETING POINT:

**Tues Eve:** Reception back office.

**Thursday Mornings:** The farthest team point from reception (which is the largest).

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## ROTATION PERIOD:

4 - 6 weeks Term Time; half term allocation.

1 - 4 weeks in the Holiday Periods.

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## OPERATIONAL INFORMATION:

EMC patient clinic files are to be collected and returned to the UCO clinic reception at the beginning and end of each session.

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## CLINIC ATTIRE:

Normal clinic attire, please see the Student Clinic Handbook for more info:

[http://intranet.uco.ac.uk/guidelines\\_and\\_handbooks/](http://intranet.uco.ac.uk/guidelines_and_handbooks/)

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## ATTENDANCE:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone UCO Clinic Reception; for more information, please see the Attendance Policy:

[http://intranet.uco.ac.uk/policies\\_and\\_procedures/](http://intranet.uco.ac.uk/policies_and_procedures/)

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## AIMS AND OBJECTIVES:

- To enable you to take greater professional responsibility for the care of patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with appropriate support and guidance.
  - To encourage you to develop practice management skills within the context of a multi-professional approach to health care and apply these skills critically and reflectively.
  - To facilitate you to become competent in developing reasoned osteopathic hypotheses that explain patients presenting symptoms and demonstrate an ability to integrate a broad range of knowledge appropriately.
  - To enhance your skills of osteopathic evaluation and enable these skills to be applied in a balanced, critical and reasoned fashion.
  - To enable you to formulate appropriate, effective osteopathic management and treatment plans within the context of multi-professional approaches to health care.
  - To develop inter and intra professional communication skills in support of patient care.
  - To expand the application of reflective practice in guiding you progress and development.
  - To gain a basic understanding of x-ray, MRI and CT examination and reports and how they inform patient care.
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## LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
- Demonstrate, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
- Demonstrate, with minimal supervision, the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.

- Identify, prioritise and manage patients with minimal supervision who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Identify and apply a range of management approaches to patients with dysfunction of the respiratory, cardiovascular, gastrointestinal and reproductive systems.
- Develop relevant and appropriate manual treatment strategies with minimal supervision taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Identify, manage and take responsibility as a professional for the clinical decision making process within agreed guidelines and with minimal supervision.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.