

SPECIALIST CLINIC: DEMONSTRATION CLINIC

INTRODUCTION TO THE CLINIC

Welcome to the Demonstration Clinic, which started over thirty years ago as “The Principal’s Clinic”, when the incumbent Principal of the British School of Osteopathy (BSO) wanted to show students what he described as the “Magic” of Osteopathy. Since then it has been run by a number of tutors, who have tried to show students how to integrate various modalities of osteopathic treatment in dealing with patients whose presentations may be “out of the ordinary”.

Patients can be referred to Demonstration Clinic by Clinic Tutors, who feel that the patient needs to be treated by an experienced qualified Osteopath rather than a student. This may be due to the need for a Visceral, “Cranial” or other approach which may not be widely available in general Clinic.

Patients may also be referred to Demonstration Clinic for a “second opinion”, or a review of a case following a dispute or complaint, or to discuss how a student might change their management of a patient whose treatment is not progressing as expected.

Patients can also arrange to attend the Demonstration Clinic after a prior discussion with the Tutor leading the Clinic in order to confirm their suitability.

The Clinic is Tutor led. A maximum of 3 students observe patients being treated by a Tutor. Efforts are made to ensure a gender balance, thus 2 women and 1 man would observe with a male tutor, or vice versa.

The Clinic runs on a 30 minute list, with new patients being allocated 60 minutes. The tutor may also allocate double length appointments to patients if the type of treatment being performed requires this.

CONTACTS:

Demonstration Clinic Tutor: Trevor Jefferies t.jefferies@uco.ac.uk

CLINIC LOCATION:

University College of Osteopathy Clinic

CLINIC TIMES:

Friday Afternoon: 14:30 – 18:00 **Tutorial:** 17:30 – 18:00

APPOINTMENT TIMES:

14:30 – 17:00 (NP 1 Hour; OP 30min; 1 list)

NB. Clinic normally held in Treatment Room 7 which is reserved on Friday afternoons for this purpose.

MEETING POINT:

Please meet Trevor Jefferies at 14.25 in Clinic Room 7.

ROTATION PERIOD:

4 Weeks Term Time and 1-4 weeks Holiday Periods.

CLINIC ATTIRE:

Normal clinic attire, please see the Student Clinic Handbook for more info:

http://intranet.uco.ac.uk/guidelines_and_handbooks/

ATTENDANCE:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone UCO Clinic Reception; for more information, please see the Attendance Policy:

http://intranet.uco.ac.uk/policies_and_procedures/

OPERATIONAL INFORMATION:

Discussion regarding patient care is welcome, but please be careful about what is said in the patient's presence.

AIMS AND OBJECTIVES:

- To enable you to observe the care of patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with opportunity to discuss the reasons for the approach taken.
 - To allow you to observe the development of reasoned osteopathic hypotheses that explains patients' presenting symptoms and participate in integrating a broad range of knowledge appropriately.
 - To enhance your skills of osteopathic evaluation and the application these skills in a balanced, critical and reasoned fashion.
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- To enable you to discuss appropriate, effective osteopathic management and treatment plans within the context of multi-professional approaches to health care.
 - To observe inter and intra professional communication skills in support of patient care.
 - To participate in the application of reflective practice by discussion with the Tutor leading the Clinic.
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LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
- Develop, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
- Develop the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.
- Identify, prioritise and manage patients who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Identify and apply a range of management approaches to patients with dysfunction of the respiratory, cardiovascular, gastrointestinal and reproductive systems.
- Develop relevant and appropriate manual treatment strategies, taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.