

# SPECIALIST CLINIC: CHILDREN'S CLINIC

---

## INTRODUCTION:

Welcome to the Children's clinic which is a tutor led demonstration clinic. Patients range from 0-18 years of age presenting with a broad range of conditions. The clinic will aim to introduce you to a wide range of approaches to the paediatric patient. Students are expected to attend the clinic in suitable attire and be prepared to interact with babies, children and young adults.

---

## CONTACTS:

**Arabella Gaunt**      [a.gaunt@uco.ac.uk](mailto:a.gaunt@uco.ac.uk)

**Andrea Rippe**      [a.rippe@uco.ac.uk](mailto:a.rippe@uco.ac.uk)

---

## CLINIC LOCATION:

UCO Clinic Building, Southwark Bridge Road

---

## CLINIC TIMES:

**Thursday afternoon:**      14.00 – 18.00

**Tutorial:**      14.00 – 14.30

---

## APPOINTMENT TIMES:

14.30 – 17.00 (NP 1 Hour; OP 30 mins; 1 list per tutor)

---

## MEETING POINT:

Clinic Back office

---

## ROTATION PERIOD:

4 Weeks Term Time / 1-4 weeks Holiday Periods

---

## CLINIC ATTIRE:

Smart casual professional attire (**no jeans and no white coats**); please see the Student Clinic Handbook for more info:

[http://intranet.uco.ac.uk/guidelines\\_and\\_handbooks/](http://intranet.uco.ac.uk/guidelines_and_handbooks/)

---

## ATTENDANCE POLICY:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone the UCO Clinic Reception; for more information, please see the Attendance Policy:

[http://intranet.uco.ac.uk/policies\\_and\\_procedures/](http://intranet.uco.ac.uk/policies_and_procedures/)

---

## RECOMMENDED READING:

- Textbook of Pediatric Osteopathy, 1st Edition. Authors: Eva Rhea Moeckel & Noori Mitha
  - Cranial Osteopathy for Infants, Children and Adolescents: A Practical Handbook Paperback by Nicette Sergueef
  - The Normal Child by Ronald S. Illingworth
- 

## AIMS AND OBJECTIVES:

- To enable you to take greater professional responsibility for the care of patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with appropriate support and guidance.
  - To encourage you to develop practice management skills within the context of a multi-professional approach to health care and apply these skills critically and reflectively.
  - To facilitate you to become competent in developing reasoned osteopathic hypotheses that explain patients presenting symptoms and demonstrate an ability to integrate a broad range of knowledge appropriately.
  - To enhance your skills of osteopathic evaluation and enable these skills to be applied in a balanced, critical and reasoned fashion.
  - To enable you to formulate appropriate, effective osteopathic management and treatment plans within the context of multi-professional approaches to health care.
  - To develop inter and intra professional communication skills in support of patient care.
  - To expand the application of reflective practice in guiding your progress and development.
  - To gain a basic understanding of x-ray, MRI, ultrasound and CT images and reports and how they inform patient care.
  - To develop an understanding of common paediatric presentations and appropriate management.
  - To develop an understanding of the added dynamic of managing both the patient and the primary care giver/s.
- 

## LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
  - Demonstrate, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
-

- Demonstrate, with minimal supervision, the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.
- Identify, prioritise and manage patients with minimal supervision who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Develop relevant and appropriate manual treatment strategies with minimal supervision taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Identify, manage and take responsibility as a professional for the clinical decision making process within agreed guidelines and with minimal supervision.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.