

COMMUNITY CLINIC: LUCY BROWN HOUSE

INTRODUCTION TO THE CLINIC:

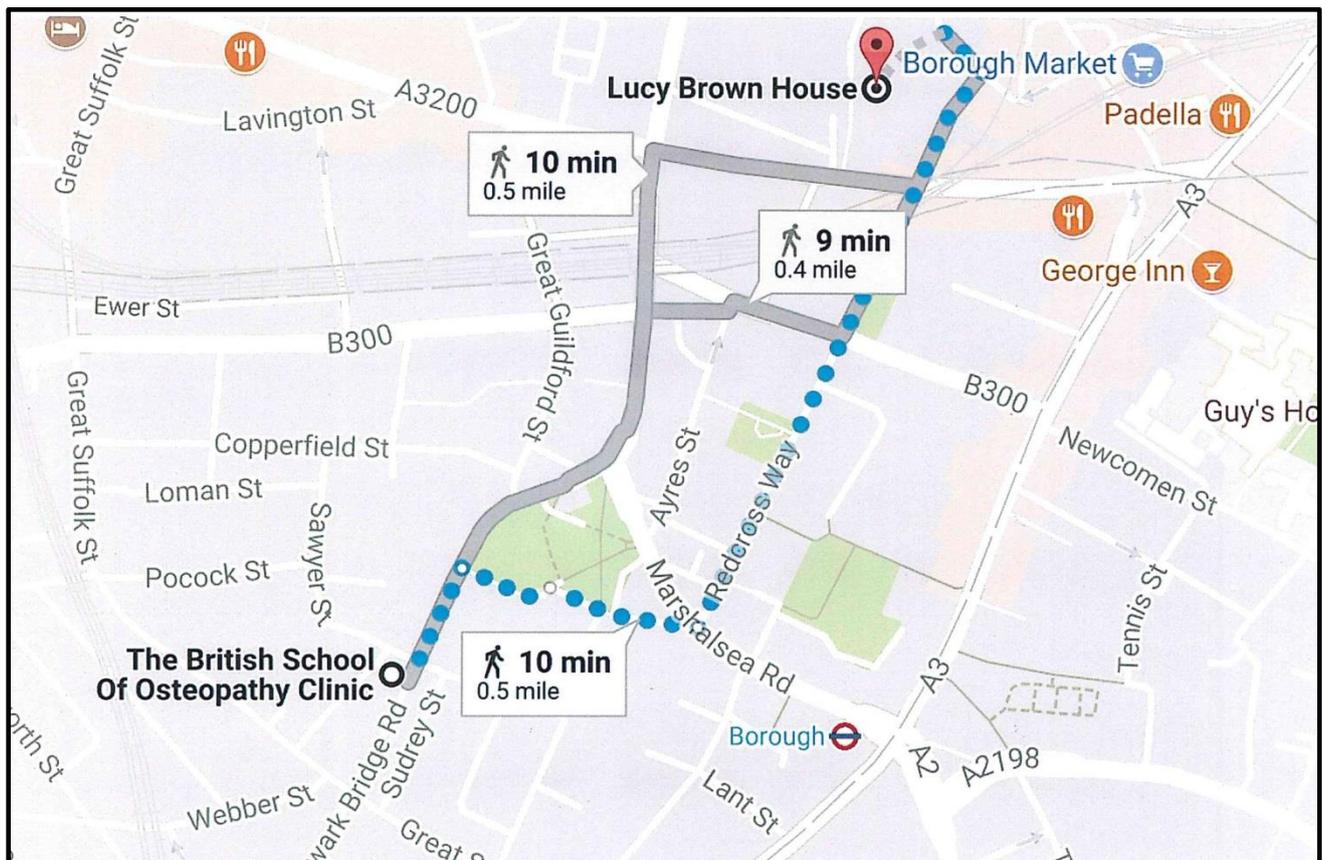
Lucy Brown House is a community clinic treating patients within Southwark Council sheltered housing. Residents are offered housing here when judged to be vulnerable members of the community, which usually means elderly people, but not exclusively. This is a student led Clinic running every three weeks, typically treating 5 – 10 patients in each session. There are no treatment rooms and patients are treated within their own residences.

CONTACTS:

Community Tutor: Glynn Booker g.booker@uco.ac.uk

CLINIC LOCATION:

27 Park St, London SE1 9EG



CLINIC TIMES:

Wednesday Afternoons (Tri-weekly):	14:00 – 17:40
Tutorial:	17:00 – 17:40
Appointment Times:	14:20 – 17:00 (NP 1 Hour; OP 30min; 3 lists)

MEETING POINT:

The group will meet initially at UCO clinic reception at 13:45. Entry to Lucy Brown House may not be possible until a tutor has arrived, so please travel with the tutor.

ROTATION PERIOD:

Full term (as the clinic is every 3 weeks)/ 1-2 weeks Holiday Periods

OPERATIONAL INFORMATION:

The consultation and treatment takes place within residences, so no set-up is required. Break-out space is limited, so please bring a minimum of bags. DCP kit is required, but one kit for three lists is normally sufficient.

Patients at Lucy Brown House are seen as vulnerable so it is important that 2 students are present for all patients. **Please see the information below regarding attendance.**

CLINIC ATTIRE:

Normal clinic attire, please see the Student Clinic Handbook for more info:

http://intranet.uco.ac.uk/guidelines_and_handbooks/

ATTENDANCE:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone UCO Clinic Reception; for more information, please see the Attendance Policy:

http://intranet.uco.ac.uk/policies_and_procedures/

NB It is especially important that 2 students are available for each consultation, as residents are seen as vulnerable, so please ensure you attend. If attendance is not possible, please make every effort to inform Reception as soon as possible.

RECOMMENDED READING:

Sergueef N (2014) *Osteopathy for the Over 50s*

Nicholl CG & Wilson K (2012) *Elderly Care Medicine*

Gauthier S (2006) *Clinical Diagnosis and Management of Alzheimer's Disease*

Melendez S *How to care for the Elderly*

http://www.alzscot.org/information_and_resources/information_sheet/1840_working_with_dementia_-_a_handbook_for_care_staff

AIMS AND OBJECTIVES:

- To enable you to take greater professional responsibility for the care of vulnerable and/or elderly patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with appropriate support and guidance.
 - To encourage you to develop practice management skills within the context of a multi-professional approach to health care and apply these skills critically and reflectively.
 - To facilitate you to become competent in developing reasoned osteopathic hypotheses that explain patients presenting symptoms and demonstrate an ability to integrate a broad range of knowledge appropriately.
 - To enhance your skills of osteopathic evaluation and enable these skills to be applied in a balanced, critical and reasoned fashion.
 - To enable you to formulate appropriate, effective osteopathic management and treatment plans for the vulnerable and/or elderly within the context of multi-professional approaches to health care.
 - To develop inter and intra professional communication skills in support of patient care.
 - To expand the application of reflective practice in guiding your progress and development.
 - To gain a basic understanding of x-ray, MRI and CT images and reports and how they inform patient care.
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LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
- Demonstrate, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
- Demonstrate, with minimal supervision, the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.

- Identify, prioritise and manage patients with minimal supervision who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Identify and apply a range of management approaches to patients with dysfunction of the respiratory, cardiovascular, gastrointestinal and reproductive systems.
- Develop relevant and appropriate manual treatment strategies with minimal supervision taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Identify, manage and take responsibility as a professional for the clinical decision making process within agreed guidelines and with minimal supervision.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.