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# COMMUNITY CLINIC: BLACKFRIARS SETTLEMENT

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## INTRODUCTION TO THE CLINIC:

Welcome to Blackfriars Settlement, which the BSO joined in April 2014. Blackfriars Settlement Clinic is our Community Clinic providing free Osteopathic Treatment for the over 55s. This is a student led Clinic with two lists treating up to 2 new patients and ten ongoing patients per week.

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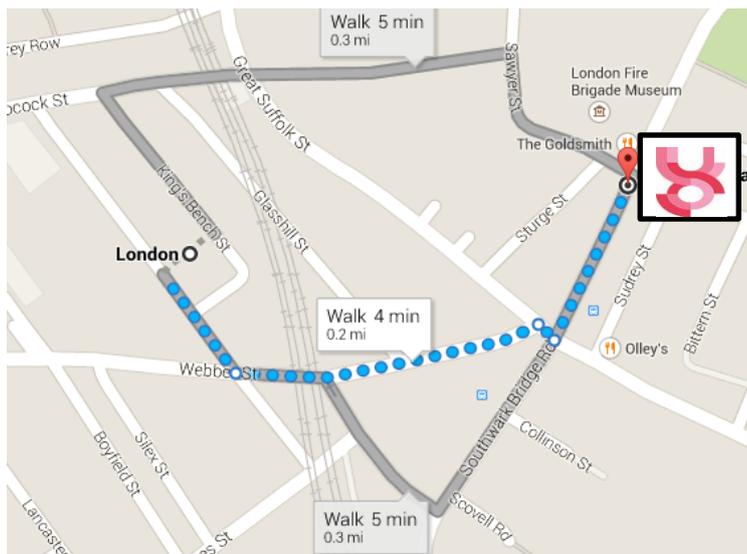
## CONTACTS:

**Community Tutor:** Patrick Gauthier [p.gauthier@uco.ac.uk](mailto:p.gauthier@uco.ac.uk)

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## CLINIC LOCATION:

Blackfriars Settlement, 1 Rushworth Street, SE1 0RB:



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## CLINIC TIMES:

<b>Thursday Mornings:</b>	09:00 – 12:30	<b>Tutorial:</b>	09:00 – 9:30
<b>Appointment Times:</b>	09:30 – 12:00 (NP 1 Hour; OP 30min; 2 lists)		

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## MEETING POINT:

The group will meet Patrick Gauthier at UCO clinic reception at 0845. Entry to the Blackfriars Settlement is not permitted prior to 9am. Upon entry please sign in at the reception desk. The Clinic takes place in the social room.

## ROTATION PERIOD:

6 Weeks Term Time/ 1-4 weeks Holiday Periods

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## OPERATIONAL INFORMATION:

Week 1 of your rotation during Term Time fresh linen and 4 x couch rolls are to be taken to Blackfriars settlement from the UCO Clinic Reception.

The clinic tutor will meet you at Blackfriars with the keys for the filing cabinet in the meeting room. The Blackfriars team will put up the wall dividers in the social room to create two treatment rooms. The tall cabinets in the social room are used for storage of the treatment couches; laundry and plinth rolls.

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## CLINIC ATTIRE:

Normal clinic attire, please see the Student Clinic Handbook for more info:

[http://intranet.uco.ac.uk/guidelines\\_and\\_handbooks/](http://intranet.uco.ac.uk/guidelines_and_handbooks/)

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## ATTENDANCE:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone UCO Clinic Reception; for more information, please see the Attendance Policy:

[http://intranet.uco.ac.uk/policies\\_and\\_procedures/](http://intranet.uco.ac.uk/policies_and_procedures/)

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## RECOMMENDED READING:

Sergueef N (2014) *Osteopathy for the Over 50s*

Nicholl CG & Wilson K (2012) *Elderly Care Medicine*

Gauthier S (2006) *Clinical Diagnosis and Management of Alzheimer's Disease*

Melendez S *How to care for the Elderly*

[http://www.alzscot.org/information\\_and\\_resources/information\\_sheet/1840\\_working\\_with\\_dementia\\_-\\_a\\_handbook\\_for\\_care\\_staff](http://www.alzscot.org/information_and_resources/information_sheet/1840_working_with_dementia_-_a_handbook_for_care_staff)

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## AIMS AND OBJECTIVES:

- To enable you to take greater professional responsibility for the care of patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with appropriate support and guidance.
- To encourage you to develop practice management skills within the context of a multi-professional approach to health care and apply these skills critically and reflectively.

- To facilitate you to become competent in developing reasoned osteopathic hypotheses that explain patients presenting symptoms and demonstrate an ability to integrate a broad range of knowledge appropriately.
  - To enhance your skills of osteopathic evaluation and enable these skills to be applied in a balanced, critical and reasoned fashion.
  - To enable you to formulate appropriate, effective osteopathic management and treatment plans within the context of multi-professional approaches to health care.
  - To develop inter and intra professional communication skills in support of patient care.
  - To expand the application of reflective practice in guiding your progress and development.
  - To gain a basic understanding of x-ray, MRI and CT images and reports and how they inform patient care.
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### LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
- Demonstrate, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
- Demonstrate, with minimal supervision, the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.
- Identify, prioritise and manage patients with minimal supervision who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Identify and apply a range of management approaches to patients with dysfunction of the respiratory, cardiovascular, gastrointestinal and reproductive systems.
- Develop relevant and appropriate manual treatment strategies with minimal supervision taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Identify, manage and take responsibility as a professional for the clinical decision making process within agreed guidelines and with minimal supervision.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.