
COMMUNITY CLINIC: 1ST PLACE

INTRODUCTION TO 1ST PLACE:

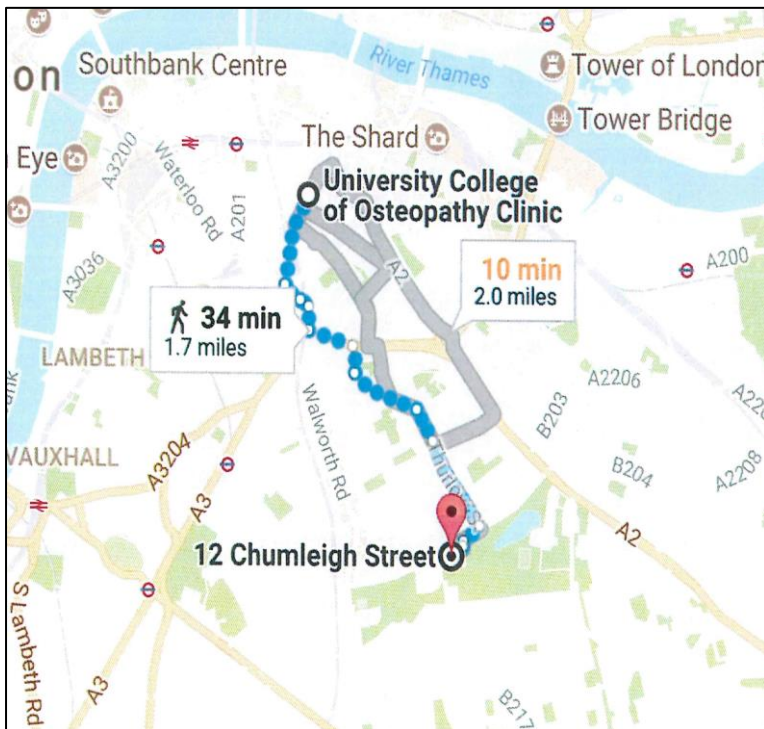
Welcome to 1st Place, which is an outstanding children and parents centre created to serve the needs of local parents with children under five. The UCO provides our tutor led Community Clinic here, which provides free Osteopathic Treatment for children under the age of 5. You can find out more about 1st Place from their website: <http://www.1stplace.uk.com/>

CONTACTS:

Laura Wheatley l.wheatley@uco.ac.uk

CLINIC LOCATION:

1st Place Children and Parents Centre, 12 Chumleigh Street, Burgess Park, SE5 0RN



CLINIC TIMES:

Thursday Mornings: 09:00 – 12:30

Tutorial: 09:00 – 9:30

APPOINTMENT TIMES:

09:30 – 12:00 (NP 1 Hour; OP 30min; 1 list)

MEETING POINT:

Please meet Laura Wheatley at 1st Place at 9.00.

ROTATION PERIOD:

4 Weeks Term Time/ 1-4 weeks Holiday Periods

CLINIC ATTIRE:

Smart casual professional attire (**no jeans and no white coats**); please see the Student Clinic Handbook for more info:

http://intranet.uco.ac.uk/guidelines_and_handbooks/

ATTENDANCE POLICY:

If you are unable to attend, please email Student Absences and copy the tutor in, or phone the UCO Clinic Reception; for more information, please see the Attendance Policy:

http://intranet.uco.ac.uk/policies_and_procedures/

RECOMMENDED READING:

- Textbook of Pediatric Osteopathy, 1st Edition. Authors: Eva Rhea Moeckel & Noori Mitha
 - Cranial Osteopathy for Infants, Children and Adolescents: A Practical Handbook Paperback by Nicette Sergueef
 - The Normal Child by Ronald S. Illingworth
-

AIMS AND OBJECTIVES:

- To enable you to take greater professional responsibility for the care of patients in osteopathic practice, whilst becoming familiar with the concept of clinical uncertainty in the professional setting of osteopathic practice, with appropriate support and guidance.
 - To encourage you to develop practice management skills within the context of a multi-professional approach to health care and apply these skills critically and reflectively.
 - To facilitate you to become competent in developing reasoned osteopathic hypotheses that explain patients presenting symptoms and demonstrate an ability to integrate a broad range of knowledge appropriately.
 - To enhance your skills of osteopathic evaluation and enable these skills to be applied in a balanced, critical and reasoned fashion.
 - To enable you to formulate appropriate, effective osteopathic management and treatment plans within the context of multi-professional approaches to health care.
 - To develop inter and intra professional communication skills in support of patient care.
 - To expand the application of reflective practice in guiding your progress and development.
 - To gain a basic understanding of x-ray, MRI and CT images and reports and how they inform patient care.
-

LEARNING OUTCOMES:

- Recognise, interpret and evaluate the multi-factorial nature of presenting patients so as to develop reasoned diagnostic and conceptual hypotheses appropriate to the individual with minimal supervision.
- Demonstrate, in a reasoned and logical fashion, the ability to examine a patient using a range of appropriate examination processes and techniques and critically analyse your findings in relation to other data available to you.
- Demonstrate, with minimal supervision, the ability to engage in clinic reasoning using a range of evidence to help formulate an osteopathic evaluation for your patients, and to justify your knowledge base.
- Identify, prioritise and manage patients with minimal supervision who present with a combination of factors, and devise an appropriate range of management strategies, which may then be explored with the patient.
- Identify and apply a range of management approaches to patients with dysfunction of the respiratory, cardiovascular, gastrointestinal and reproductive systems.
- Develop relevant and appropriate manual treatment strategies with minimal supervision taking into account the complexity of the biomechanical as well as psycho-social aspects of the patient's problems.
- Identify, manage and take responsibility as a professional for the clinical decision making process within agreed guidelines and with minimal supervision.
- Communicate effectively and professionally with all relevant parties involved in the care of the patient.